

ASSOCIATED STUDENTS OF COLORADO STATE UNIVERSITY
FORTY-FIFTH SENATE
THIRTEENTH SESSION
November 18, 2015

RESOLUTION #4507
Mental Health Syllabus Addition

SPONSORED BY: Jordan Paulus, Director of Academics; Jessica Teal, Senator College of Health and Human Sciences; Landon Wright, Associate Senator, College of Liberal Arts; Josh Williams, Senator College of Liberal Arts; Dakota Truitt, Director of Environmental Affairs; Jason Sydoriak, President of ASCSU; Jon Goldstone, Senator CVMBS; Lauren McCarthy, Associate Senator College of Liberal Arts;

WRITTEN BY: Spencer James Nolan, Senator College of Liberal Arts;

COLLABORATED WITH: Conner Jackson, Director of Health; Janelle Patrias, Manager of Mental Health Initiatives

ENDORSED BY: Meaghan Booth, Director of Diversity; Madison Tolan, Senator CVMBS; Nathan Rhine, Senator Intra-University; Grant McConnell, Senator Intra-University; Edward Kendall, Director of Community Affairs; Phoenix Dugger, Vice President of ASCSU; Kat Balster, Director of Marketing; Ashley Higgins, Deputy Chief of Staff and Press Secretary; Yunus Ozekin, Deputy Director of Outreach; Conner Jackson, Director of Health; Kassi Prochazka, Senator College of Engineering; Cristian Bueno, Senator College of Engineering; Filipp Dedogryuk, Senator College of Natural Sciences; Scott Ricketts, Associate Senator College of Business; Mike Lensky, Senate Membership Officer; Mental Health Committee; Internal Affairs Committee; External Affairs Committee

ABSTRACT: This resolution calls for ASCSU support for a new addition to class syllabi in order to promote mental health resources to the students at Colorado State University. Since mental health resources exist at Colorado State University, it should be imperative that they are made known to the student body.

WHEREAS

Mental health issues are prevalent in today's society, with one in five adults experiencing an issue during a given year according to the National Alliance on Mental Illness (NAMI); and,

WHEREAS

According to the Centers For Disease Control and Prevention, suicide is the second leading cause of death among college students. One in ten college students have had seriously considered suicide. Almost all college students who die by suicide are suffering from an emotional disorder, most commonly depression; and,

WHEREAS

According to the Centers For Disease Control and Prevention, an estimated eighty percent of college students who die by suicide each year had not used counseling services; and,

WHEREAS

Colorado State University has resources in place to help those in need with mental illnesses and suicidal thoughts, including five free counseling appointments per semester for students enrolled in six or more credits; and,

WHEREAS

Currently, there is no requirement for professors to include a section regarding mental health resources and services in their course syllabi; and,

THEREFORE BE IT HEREBY RESOLVED

That ASCSU supports the addition of the following information to be included in future class syllabi:

“Need Help?

CSU is a community that cares for you. If you are struggling with drugs or alcohol and/or experiencing depression, anxiety, overwhelming stress or thoughts of hurting yourself or others please know there is help available. Counseling Services has trained professionals who can help. Contact 970-491-6053 or go to <http://health.colostate.edu>. If you are concerned about a friend or peer, tell someone by calling 970-491-1350 to discuss your concerns with a professional who can discreetly connect the distressed individual with the proper resources (<http://safety.colostate.edu/tell-someone.aspx>). Rams take care of Rams. Reach out and ask for help if you or someone you know is having a difficult time.”; and,

THEREFORE BE IT HEREBY FURTHER RESOLVED

That a copy of this legislation be forwarded to Dr. Tony Frank, Colorado State University President; and Dr. Blanche Hughes, Vice President for Student Affairs; Dr. Jody Donovan, Dean of Students; Janelle Patrias, Manager of Mental Health Initiatives; The Committee on Teaching and Learning; Mary Stromberger, Chair of the Faculty Council; Dr. Susan MacQuiddy, Director

of Counseling Services; Christina Berg, Director of Health Education and Prevention Services;
Conner Jackson, ASCSU Director of Health; Jason Sydoriak, ASCSU President

24-0-1

11-18-15

PASSAGE

DATE



PRESIDENT JASON SYDORIAK

12/2/2015
DATE

TAGS: Mental Health, Syllabus Information